

CYPOP Unit 2: Care for the physical and nutritional needs of babies and young children

Title	Care for the physical and nutritional needs of babies and young children	
Level	3	
Credit value	6	
Learning outcomes	Assessment criteria	
The learner will:	The learner can:	
<p>1. Be able to provide respectful physical care for babies and young children</p>	<p>1.1. Demonstrate culturally and ethnically appropriate care for babies and young children</p> <ul style="list-style-type: none"> • Skin • Hair • Teeth • Nappy area <p>1.2. Demonstrate in own practice how to take into account the preferences of carers in the provision of physical care and explain why this is important</p> <p>1.3. Demonstrate in own practice how you engage with babies or young children in a respectful manner and provide personalised physical care tailored to their needs.</p> <p>1.4. Explain organisational or regulatory procedures that protect babies, young children and practitioners when providing personal care and why these are necessary.</p>	
<p>2. Be able to provide routines for babies and young children that support their health and development</p>	<p>2.1. Plan daily and weekly routines for babies and young children suitably personalised to meet individual needs</p> <p>2.2. Demonstrate in own practice how to treat babies or young children with respect and sensitivity during everyday care routines</p> <p>2.3. Explain the principles of effective toilet training and how this is incorporated</p>	

	into routines
3. Be able to provide opportunities for exercise and physical activity	<p>3.1. Explain the importance of exercise and physical activity for babies and young children</p> <p>3.2. Demonstrate in own practice how to support babies or young children's exercise and physical activity</p>
4. Be able to provide safe and protective environments for babies and young children	<p>4.1. Explain policies and procedures in own setting that cover health, safety and protection of babies and young children</p> <p>4.2. Demonstrate and evaluate the safety features within the environment for babies and young children</p> <p>4.3. Supervise babies or young children and demonstrate a balanced approach to risk management</p> <p>4.4. Explain current advice on minimising sudden infant death syndrome in everyday routines for babies</p>
5. Be able to provide for the nutritional needs of babies under 18 months	<p>5.1. Identify, using current government guidance, the nutritional needs of babies until they are fully weaned and using information from carers plan a programme of weaning</p> <p>5.2. Prepare formula feeds hygienically and following current guidance</p> <p>5.3. Evaluate the benefits of different types of formula that are commonly available</p>
6 Understand how to provide for the nutritional needs of young children from 18-36 months	<p>6.1. Plan meals for young children that meet their nutritional needs based on current government guidance and information from carers</p> <p>5.3. Explain food allergies and intolerances that a young child may experience and the importance of following carers instructions on the needs of their child</p>
Additional information about this unit	
Unit aim(s)	The unit is designed to assess competence in caring for the physical and nutritional needs of babies and young children. This would normally cover children from birth to their 3 rd birthday.

Unit expiry date	
Details of the relationship between this unit and relevant national occupational standards (if appropriate)	There are links with: CCLD 303 Promote children's development. 314 Provide physical care that promotes the health and development of babies and children under 3 years HSC 37 Care for and protect babies
Details of the relationship between this unit and other standards or curricula (if appropriate)	
Assessment requirements specified by a sector or other appropriate body (if required)	Units need to be assessed in line with the Skills for Care and Development QCF Assessment Principles All LOs must be assessed in a real work environment.
Guidance for developing assessment arrangements for the unit (if appropriate)	
Endorsement of the unit by a sector or other appropriate body	
Location of the unit within the subject/sector classification	01 Health, Public Services and Care 01.5 Child Development and Well Being
Name of the organisation submitting the unit	
Units available from	
Units guided learning hours	45
Availability for use	
Additional Guidance 2.5. Toilet training e.g. <ul style="list-style-type: none"> • Encouraging and praising • Treating child with respect and avoiding guilt • Working in partnership with carers • Flexible personalised approach • Starting training when the child is ready and not rushing process • Being positive and supportive to the child's efforts • Structuring physical environment to facilitate training • Avoiding confrontation • Providing plenty of fluids and fibre to prevent hard stools 4.6. Safety equipment e.g.	

- socket covers
- safety gates
- corner protectors
- cupboard locks
- finger guards on doors

FINAL DRAFT